



# Furumolekene 2025 tidsplan



Tid	Løp	Liten ball	Lengde	Høyde	Spyd	Diskos	Slegge
11:00	200 mh J11 (4 stk)	J-G 6-10 (18 stk)		J-G 15-19 (5 stk)			
11.10	200 mh J12-13 (2 stk)						
11.20	200 mh G14 (4 stk)					J-G16-19 (4 stk)	
11:35	60 m J-G 6-9 (14 stk 3 heat)						
11:50	60 m J10 (3 stk)						
12:00	60 m G10 (5 stk)			J-G 13-14 (5 stk)			
12:10	60 m J11 (8 stk 2 heat)		J-G 6-9 (14 stk)				
12:20	60 m G11 (3 stk)						
12:30					J-G11-13 (8 stk)		
12:35	600m J-G 6-9 (9 stk)						
12:50	600m J-G 10 (5 stk)						
13:00	600m J-G 11- 14 (10 stk)					J-G13-15 (6 stk)	
13:30	800 m G 15 (1 stk)						
13:40			J-G10-12 (14 stk)				
13:45	200m J-G 13-14 (5 stk)						
14:00	200m J-G 15-19 (6 stk)						MS (2 stk)
14:20	1500m MS / KS (4 stk)						
14:30					J-G 14-19 (7 stk)		
14:40	400m MS (3 stk)						
14:30							
15:00	5000m MS/KS (5 stk)		J-G 15-19 (3)				