



Furumolekene 2022 tidsplan Søndag



Tid	løp	Høyde	Lengde/ 3-steg	Kule	Diskos	Spyd
11:00	60mh J11 (4)	G14-19 (6) J14-16 (2)	J11-13 (5) 3-steg		G13-16 (4)	
11:10	60mh G11 (3)					
11:20	60mh J12 (1) G12 (1)					
11:35	60mh J13 (2) J14 (1) G13 (1)					
11:45	80mh J16 (1)				J12-19 (6)	
11:55	110mh G17 (1)					
12:00		J11-13 (6)				
12:10	100m G15 (1) G16 (5)					
12:20	100m G18/19 (3)					
12:30				J14-19 (6)		
12:40	200m G11 (6)		G15-19 (6) Lengde			
12:50	200m G12 (5)					
13:00	200m G13 (3) G14 (2)			J11-13 (6)		
13:10	200m J11 (4)					
13:20	200m J12 (3)					
13:25						
13:30	200m J13 (4) J14 (1)	G 11-13 (6)				
13:45						G11-16 (5)
14:00	400m G17-19 (4)					
14:10	400m J18-19 (1)					
14:25	1500m G14 (2) J13-14 (3)					
14:30			G11-14 (9) Lengde			
14:50	5000m KS (4) og 5000m MS (5)					