**Tidsskjema furumolekene 14.09.2019**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Tid** | **Løp** | **Stav/**  **høyde** | **Lengde** | **Kule** | **Spyd** | **Liten ball/**  **slegge** |
| **11.00** | 60mhk G11 | **Stav** Alle klasser | G/J 6-9 | G15-sen | J11-12 | **Liten ball** G/J 10 |
| **11.05** | 60mhk J11 |  |  |  |  |  |
| **11.15** | 60mhk G12 |  |  |  |  |  |
| **11.20** | 60mhk J12 |  |  |  |  |  |
| **11.30** | 60mhk G/J13 |  |  |  |  |  |
| **11.35** | 80mhk G14 |  |  |  |  |  |
| **11.45** | 100m J16-sen |  | J10-12 | J14-16 | G11-12 |  |
| **11.50** | 100m G15-19 |  |  |  |  |  |
| **12.00** | 60m G/J6-9 |  |  |  |  |  |
| **12.20** | 60m G10 | **Høyde** G15 |  |  |  |  |
| **12.25** | 60m G11 |  |  |  |  |  |
| **12.35** | 60m G12 |  |  |  | J14-17 | **Liten ball** G/J 6-9 |
| **12.40** | 60m G13-14 |  | G10 | G11-12 |  |  |
| **12.45** | 60m J10 |  |  |  |  |  |
| **12.50** | 60m J11 |  |  |  |  |  |
| **12.55** | 60m J12 |  |  |  |  |  |
| **13.00** | 60m J14 | **Høyde** J14 |  |  |  |  |
| **13.15** | 800m J17 |  |  | J11-13 |  |  |
| **13.30** | 800m G14-sen |  | G11-12 |  | G15-sen |  |
| **13.45** | 3000m Msen |  |  |  |  |  |
| **14.05** | 600m J11-12 |  |  |  |  |  |
| **14.20** | 600m G11 |  |  |  |  | **Slegge** alle klasser |

**Ingen avkryssing. Tom bane ved manglende fremmøte.**

**Startnummer bare ved løp fra 600m**

**3 forsøk barn 6-9. 6 forsøk fra og med 16år. For øvrig 4 forsøk**